## Smt. T.S.R. Commerce College Managed by North Gujarat Education Society, Mumbai NGES College Campus, Rajmahel Road, Patan-384265 Affiliated to Hemchandracharya North Gujarat University, Patan

## 1. Title of the Best Practice I: College as a host for various sports

- 2. Goal: The goal of hosting various sports in our campus was to compete with the students at national level and to step out from the four walls of the college campus. As a host the college encourages skills and personal development, our college has given equal significance to sports. Sports have become a tool for bringing equal opportunity for all students who have unique skill rather than getting syllabus-based knowledge. Sports bring all students of different segments of the society on a single stage. The main aim of the sports is to remove discrimination in society and to bring about skills and sportsman spirit.
- 3. The context: The college provided complete training in various games. Students were invited to display their skills and talent in sports such as kabbadi, volleyball, football, wrestling, judo, cricket, basket ball, hockey, swimming, boxing, athletics so and so. Every year the College has large number of students' strength. It has more than 1700 students coming from various places possessing various skills. Our college provides them a good platform in order to secure their selection at national as well as international level.
- 4. The Practice: For various sports, the physical instructor organizes test to identify the skill of students. The students are prepared for the inter-college competitions. After success at local level, the students are promoted for West Zone and inter-university competitions at national level. They are fired with ambition to achieve at this level. All India coaching camp was hosted by our college for the various games of swimming boys and girls, Judo boys, wrestling boys and girls, lawn tennis boys and girls and boxing boys in the recent year.
- 5. Evidence of Success. In west zone Lawn tennis girls achieved a bronze medal and were selected for inter-university games and selected first Khelo-India inter-university in the present year. In lawn tennis boys secured second bronze in west zone inter-university and were selected for first Khelo-India competitions. In wrestling, a girl secured 8th place in inter-university games as a result of successful training of our college as a host.

6. Problems Encountered and Resources Required: Most of the students come from remotest areas of the villages. In spite of having extra-ordinary skill and talent, parents are not willing to send their children to far distant areas out of Gujarat especially their daughters. Additionally, parents are not capable economically for further fulfillment of the demands of the athletes. They don't get recovery from the injuries due to the lack of proper sport medicines and physiotherapy treatment.

## 1. Title of the Best Practice II: Co-curricular activities

- 2. Goal: This practice emphasizes on activities other than teaching learning activities in order to motivate students to think out of the box and for all round performance of students.
- 3. The context: The college motivated students for various activities such as to save environment, to save birds, campaign for basic human rights, women empowerment, programmes of women safety and hygiene etc.
- **4. The Practice:** In order to bring co-curricular activities into practice, the students are offered stage at college level. Co-curricular activities include social and health awareness program, save environment and water program, awareness about the social evils and its solutions, activities of saptdhara. (Seven activities)
- 5. Evidence of Success: Students participated in a number of camps organized by University and other colleges. NIC at Bangaluru was attended by the students in order to bring cultural heritage of the state as well as talent hidden inside the students. Students performed in different acts.
- 6. Problems Encountered and Resources Required: Problems Encountered and Resources Required: Students come from remotest areas of the villages. So they are not able to spend more time for extra activities. Besides, transformation facility is not available at every hour for routes of the villages.

Signature of head of the institute

Principal Smt. Taraben Sundarial Faich Commerce College Patan, Pin - 384 265 (N. G.)